DAILY SCHEDULE

WAKE UP — eat breakfast, make bed, get dressed, brush teeth

EXERCISE 8:30 - 10:00 — walk dog, karate, youtube yoga

ACADEMICS 10:00 - 11:00 — school papers, workbooks, flashcards

CREATIVE 11:00-12:00 — legos, drawing crafts, play music, bake

LUNCH 12:00

CHORES 12:30 — choose from list

QUIET TIME 1:00-2:30 — reading, writing puzzles, nap

ACADEMIC 2:30-4:00 — electronics ok prodigy, educational tv

OUTSIDE 4:00-5:30 — bikes, play outside

DINNER 5:30-6:30

FREE TIME 6:30-8:00 — take shower tv, board games

BEDTIME 8:00 — all kids

BEDTIME 9:00 — follow daily schedule & don't fight

chores:

- ◯ _____
- ◯ _____
- ◯ _____
- ◯ _____
- ◯ _____
- ◯ _____
- ◯ _____

books read:

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